BC BROILER HATCHING EGG COMMISSION

MAY 2024 NEWSLETTER



INDUSTRY INFORMATION

2024 BCBHEC Director Election Results:

The 2024 BC Broiler Hatching Egg Commission Election is complete! Calvin Breukelman of Prairie Lane Farms Ltd. has been elected to represent Registered Producers' for a four-year term starting June 1, 2024. This election was conducted in line with the BCBHEC Election regulations.

Stay Informed:

As part of our commitment to keeping you informed and equipped with the latest industry insights, we encourage you to visit our website regularly for updates on upcoming webinars and valuable guides. Our platform serves as a hub for essential resources tailored to your needs, ensuring you stay ahead in your field. Don't miss out on the opportunity to access presentations covering crucial topics, providing you with knowledge and tools within the industry.

Hatching Egg Producers' and Chicken Growers' Picnic – Save the Date:

Join us on July 3, 2024, at Fort Langley Park: 23055 St. Andrews Street. Hatching egg producers, Growers, allied trades and families are invited for a fun-filled day rain or shine! Enjoy bouncy castles, airbrush tattoos, a candy store, chicken BBQ lunch and draw prizes. See you there.

Farmer Mental Health and Wellness:

Attached is an updated Mental Health and Wellness in the Poultry and Egg Sectors brochure, designed to support our farming community. Inside, you'll find valuable tips and support networks for farmers facing challenges. Please share it widely to raise awareness and promote mental well-being in farming.

HPAI Detections in BC Wildlife and Environmental Surveillance:

We are happy to announce that the live BC Wildlife and Environment HPAI surveillance dashboard is available. The current surveillance program detects HPAI viruses by collecting and testing wild birds and mammals that are found dead on the landscape as well as environmental samples. Moving forward, the results of this program are summarized and uploaded regularly in the dashboard available here.

PRICING

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PRODUCTION

Year-To-Date Hatchability:

82.14%

Average Lay Cycle End:

59.9 Weeks

Lay Cycle Length:

Please continue to keep flock fertility up with the extended lay cycle length.

Production Cycles						
Period	Start Date	End Date				
A-185	Sep 24, 2023	Nov 18, 2023				
A-186	Nov 19, 2023	Jan 13, 2024				
A-187	Jan 14, 2024	Mar 9, 2024				
A-188	Mar 10, 2024	May 4, 2024				
A-189	May 5, 2024	Jun 29, 2024				

Placement Date / Number Changes:

Production staff want to note that increasing placeable hens or changing placement dates can be challenging and usually must be done at least six months out (currently into November 2024).

ON-FARM

2024 Audit Stats

Total Premises to Audit: 54 Premises Completed: 10/54

Hatching Egg Tip

Here is a useful article on chick checks.

Biosecurity Status: RED

Industry is to function under the red status of biosecurity. The red biosecurity status is attached.

Updated Spiking Male Registrations:

Spiking Male Registration Forms have been updated and are accessible on the producer's side of the <u>website</u>. Please ensure the correct forms are being used according to the present Biosecurity Status and the proper protocols are adhered to during transfer.

Salmonella Enteritidis FAQ:

A frequently asked questions document regarding Salmonella Enteritidis has been added to the producer's side of the website.

HPAI – Cobb Technical Focus

Please see <u>attached</u> a recently published document by Cobb providing a comprehensive overview of avian influenza, covering its description, history, biosecurity measures, vaccination information, and impact on international trade. It's vital for growers and industry representatives to prioritize reviewing and enhancing biosecurity practices on their farms to safeguard against avian influenza outbreaks.

Aviagen Ross Parent Stock Management Handbook:

Please find the 2023 Ross Management Handbook here.





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May 1, 2024

VIA EMAIL

Mr. Bill Vanderspek, Chair BC Broiler Hatching Egg Commission #210 – 1848 McCallum Road Abbotsford, BC V2S 0H9

Dear Bill,

RE: 2024 BCBHEC Director Election Results

The 2024 Election for Members of the BC Broiler Hatching Egg Commission has concluded. The BC Broiler Hatching Egg Commission's 2023 Election Schedule provided a vacancy for one (1) position representing Registered Producers.

As prescribed by the schedule, Registered Producers were advised of the vacancy and of the nomination procedures.

One (1) valid nomination was received by the deadline therefore no vote was conducted. We declare **Calvin Breukelman of Prairie Lane Farms Ltd.**, elected by acclamation to the BC Broiler Hatching Egg Commission, for a four-year term commencing June 1, 2024.

We confirm that the election was conducted according to the BCBHEC Election Rules and Procedures approved April 7, 2020, by the BC Farm Industry Review Board.

Yours truly,

Della Oberhoffner, Independent Elections Officer for the

BC Council of Marketing Boards

cc Martha Anslow, Executive Director, BC Farm Industry Review Board

cc Stephanie Nelson, Executive Director, BC Broiler Hatching Egg Commission

cc Michaela DeVries, BC Broiler Hatching Egg Commission, Office Administrator

cc Calvin Breukelman, Prairie Lane Farms Ltd.

cc Beata Kunze, Chair, BC Council of Marketing Boards



SAVE THE DATE! July 3, 2024



ALL GROWERS, HATCHING EGG

PRODUCERS, ALLIED TRADES AND THEIR FAMILIES ARE INVITED TO ATTEND

BC CHICKEN GROWERS AND HATCHING EGG PRODUCERS ANNUAL CHICKEN PICNIC



Wednesday, July 3, 2024 Rain or Shine Fort Langley Park: 23055 St. Andrews St

Events include

- Morning coffee and donuts
- Races for kids and adults
- Bouncy Castle
- Airbrush Tattoos
- Candy store
- . Poster Coloring Contest
- · Chicken BBQ lunch
- Draw Prizes



WE LOOK FORWARD TO SEEING YOU THERE!

MENTAL HEALTH AND WELLNESS

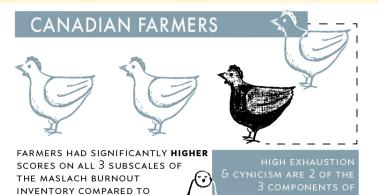
IN THE POULTRY AND EGG SECTORS

THE STRESSORS FACING FARMERS ARE PLENTIFUL – UNPREDICTABLE WEATHER, ANIMAL DISEASE, FINANCIAL PRESSURE, HEAVY WORKLOADS, BURDEN OF PAPERWORK/BUREAUCRACY, MEDIA CRITICISM, SOCIAL ISOLATION, ETC.

Recent research confirms the impact this is having on farmers. In national surveys of canadian farmers conducted by the university of guelph 1,2,3, researchers found that mental health outcomes for the farming population are consistently poorer than the general public.

TO READ MORE ABOUT THIS RESEARCH, VISIT WWW.AJRESEARCH.COM

RESULTS FROM THE 2021 SURVEY OF FARMER MENTAL HEALTH IN CANADA



POPULATION NORMS.



76% OF FARMERS WERE CLASSIFIED AS EXPERIENCING MODERATE OR HIGH PERCEIVED STRESS

1 IN 4 CANADIAN FARMERS FELT THEIR LIFE WAS NOT WORTH LIVING, WISHED THEY WERE DEAD, OR THOUGHT OF TAKING THEIR OWN LIFE IN THE LAST 12 MONTHS.

ROCHELLE THOMPSON, BRIANA HAGEN, ANDRIA JONES-BITTON, 2022

The message here? Whatever you are feeling, you are not alone.

Farm equipment needs constant maintenance and fuel to run well. So does your body and brain – the most important tools on your farm. Reach out to friends and family for support and have a look at some of the resources listed here. There is a wide variety of support tools available including articles, podcasts, 24-7 confidential counseling support by text or phone, and a wellness dashbard to check in with yourself.

https://www.fcc-fac.ca/en/community/wellness.html

https://agriculture.canada.ca/en/mental_health

https://www.domore.ag/crisis-contacts

https://animalhealth.ca/mentalhealth/

https://cyff.ca/programs/self-care/

References

- 1 Jones-Bitton A, Best C, MacTavish J, Fleming S, Hoy S (2020) Stress, anxiety, depression, and resilience in Canadian farmers. Soc. Psychiatry Psychiatr. Epidemiol., 55:229–236; https://doi.org/10.1007/s00127-019-01738-2
- 2 Jones-Bitton A, Hagen B, Fleming SJ, Hoy S (2019) Farmer burnout in Canada. Int. J. Environ. Res. Public Health, 16, 5074; https://doi.org/10.3390/ijerph16245074

BURNOL

3 Thompson R, Hagen BNM, Lumley MN, Winder, CB, Gohar B, Jones-Bitton A (2022) Mental health and substance use of farmers in Canada during COVID-19. Int. J. Environ. Res. Public Health, 19, 13566; https://doi.org/10.3390/ijerph192013566

WELLNESS DASHBOARD

Balance is extremely important when dealing with stress. When you look at your internal dashboard, do you see all green lights? Are there any red lights tipping you toward overload and stress? Let's all take care of ourselves so we can continue to do what we enjoy most.

	GREEN Healthy Optimal	YELLOW Reacting Stress	ORANGE Injured Burnout	RED Illness Depression Mental Illness
75° Physical	Good sleep Good appetite, want to eat healthy Want to take care of physical health Rarely or never sick	Mild insomnia Tired Attracted to junk food often Unmotivated to exercise Trouble relaxing without a drink	Moderate insomnia Exhausted Binge eating Drinking too much alcohol or using drugs to relax Various aches and pains	Constantly sleeping or periods of no sleep at all Constant aching in body Immunocompromised: always sick Trouble getting off the couch or getting out of bed Only moments of relief come from excessive drinking or drugs, or over-the-counter medication
Mental	Mentally clear Focused Good concentration Creative problem-solving Sees solutions	Easily distracted Excessive worry Procrastination Avoidance Sees obstacles	Chronically preoccupied Inability to concentrate Impaired decision-making Memory loss Constant focus on problems Always negative	Impaired judgment Paralyzed decision-making *Suicidal thoughts or actions * If you're having suicidal thoughts, seek help immediately and call 911 or see additional resources at the end of the magazine.
Emotional	Motivated Excited Good social network	Irritability Loss of sense of humour Discouraged Impulsive Seeing people is a chore	Anger Anxiety Low mood Overwhelmed Avoiding social situations	Apathy Hopelessness or helplessness Out of control: explosive-implosive, holding it all in Feeling like a burden Isolating yourself from friends, family and your community
Strategies	Self care: physical, mental and emotional Serotonin boost Take a work break or vacation	Reaching out to friends and family Doing something to relax Seeing your family doctor	Peer support, assistance programs, mental health first aid	Professional or clinical support: doctor, psychologist

More information

Don't be afraid to call for help

Mental health help lines are available in every province and territory:

BC: 1-800-784-2433

AB: 1-877-303-2642

SK: 1-800-667-4442

MB: 1-866-367-3276

ON: 1-866-531-2600

QC: 1-866-277-3553

NB: 1-800-667-5005

NS: 1-888-429-8167

PEI: 1-800-218-2885

NII 1 000 707 4446

11. 1 044 000 0000

NIII. 1 000 045 000

Do More Ag

Get mental well-being information and support for Canadian producers.

domore.ag

Canadian Mental Health Association

With 330 community locations, CMHA is a nationwide organization that promotes mental health and supports people recovering from mental illness.

cmha.ca

Online Therapy Unit

This free service was the first online therapy clinic in Canada (2010). It includes therapy services with a primary focus on depression and anxiety.

onlinetherapyuser.ca

Manitoba Farmer Wellness Program

This program, created especially for farmers, offers six free, short-term counselling sessions for farmers and their families in Manitoba.

manitobafarmerwellness.ca

Farmer Wellness Initiative

Developed and launched by the Canadian Mental Health Association – Ontario Division and the Ontario Federation of Agriculture, this telehealth service provides 24-7 counselling support (up to four sessions per issue per year) in various languages to Ontario farmers and their families.

farmerwellnessinitiative.ca

Rural and Remote

Telepsychology Services
Laura Friesen is offering
a rural and remote
psychological counselling
service in Alberta for the
farm and rural communities.

agknow.ca

AgSafe BC

AgSafe BC has partnered with mental wellness practitioners to provide completely free and confidential third-party counselling services for all members of the BC agriculture community.

agsafebc.ca

Mental Health Commission of Canada

mentalhealthcommission.ca

Dealing with social isolation and loneliness

Social isolation is a serious issue on Canadian farms. This publication offers helpful tips in how to stay connected.

casa-acsa.ca/en/ canadianagricultural- safetyweek/safety-is-our-standard

In the Know

In the Know is a mental health literacy program designed specifically for farmers, their families and those who are involved and/or support the agriculture sector. A free, four-hour training program helps participants start conversations around mental self-maintenance: Ontario.

ontario.cmha.ca/intheknow

Mental wellness dashboard

Learn to recognize common signs of addiction, anxiety, depression and suicide with this resource from AgSafe BC.

agsafebc.ca/mental-wellness

FarmersTalk.ca

The PEI Farmer Assistance Program offers resources and support for farmers and their families experiencing mental health distress.

farmerstalk.ca

211

211 is Canada's primary source of information for government and community-based, non-clinical health and social services. The free and confidential service can be accessed 24 hours a day, in more than 150 languages, by phone, chat, text and web.

We Talk. We Grow.

We Talk. We Grow. is an initiative of Farm Safety Nova Scotia raising awareness and taking action to protect and nurture the mental health and well-being of Nova Scotia's farming community, and enhance and maintain a culture where mental health is valued, prioritized and protected.

wetalkwegrow.ca

988

Similar to 911, anyone in Canada can call or text 988 to be quickly connected with suicide prevention services.

Enhanced Biosecurity "Red"

Revised June 2023

These measures are in addition to your "Green" and "Yellow" biosecurity protocols¹ and should be implemented on farms in a region where a disease or other threat is suspected or present.

Controlled Access Zone (CAZ)

- Inform all family, friends, staff, service personnel, and allied trades of your enhanced biosecurity measures
- Keep your CAZ barrier locked at all times
- Limit visits to only essential visitors. They must make an appointment and they must follow individual farm's biosecurity requirements. Where ever possible, meet off the farm.
- Implement your vehicle wash station at the entrance to your CAZ
 - Remove all organic debris with pressurized water
 - o Disinfect tires, wheel wells, and under-carriages of vehicles
 - Disinfect the floor mats, pedals, steering wheel, and door handles of the interior of the vehicle with disinfecting wipes or a small spray bottle and paper towel
- Make sure garbage bins (dumpsters) are outside of the CAZ and reduce pick-ups as much as possible

Restricted Access Zone (RAZ)

- Keep all exterior barn doors locked at all times when not occupied by personnel
- When entering the RAZ change into barn specific coveralls and RAZ specific boots as well as Personal Protective Equipment (PPE) as per WorkSafe BC requirements
- When exiting the RAZ leave all biosecurity gear on the RAZ side of the CAZ/RAZ demarcation
- Wash and or sanitize your hands before entering or exiting the RAZ
- Shower before and after completing your daily barn chores
- Restrict contact between commercial poultry and wild birds & wild bird droppings

Conducting Business

- Whenever possible conduct all activities through non-contact methods such as telephone, email, or fax
- Ensure proper biosecurity protocols are implemented while attending and returning from any common public gatherings.

¹ These are not all of the BC Biosecurity Program requirements; please refer to your producer manual for more information. Note if your commodities On-Farm Food Safety Program requires more stringent biosecurity measures please follow them instead. The measures above are minimum requirements.